What do you get when you cross a therapy dog, a hula hoop contest and a Qi Gong? Maybe a whole lot more than you would think. This unlikely combination was the beginning of a commitment by many in the local community to “set sail” for a healthier lifestyle.

On September 26, people filled the Hopewell Community Center to participate in an interactive wellness fair. The fair focused on nutrition and exercise as part of a healthy lifestyle. It also provided individuals with the opportunity to register for and gain more information about the City Point River Run 5K, Biggest Winner Challenge, New Beginnings, Well Wednesday Brown Bag Lunches and Family Fun Nights.

In addition, health screenings took place at John Randolph Foundation offices. From cholesterol screenings to blood pressure checks, the wellness fair assisted participants in identifying potential health risks and finding solutions.

Hopewell Community Center receives new exercise equipment that was provided by a grant from John Randolph Foundation.

The event was highlighted by a visit from Virginia Secretary of Health and Human Services Marilyn Tavenner and a ribbon-cutting ceremony for the newly (continued on page 2)

Madison Foster competes for prizes in a hula hoop contest at the wellness fair.

Dr. Cliff Morris and his daughters give a lesson in Qi Gong during the wellness fair.
renovated fitness area in the community center made possible by a grant from John Randolph Foundation. Local nonprofits were available to provide information on nutrition and other health-related services. In addition, Best Buy, Sam’s Club and Chick-fil-A joined the efforts to encourage Hopewell residents to develop healthy lifestyles through proper nutrition and physical activity.

**City Point 5K River Run and Walk**
To keep the wellness momentum going, John Randolph Foundation worked with Hopewell Recreation and Parks, John Randolph Medical Center and Tri-City Road Runners to promote the annual City Point 5K River Run and Walk on October 31, 2009. Approximately 400 participants hit the wet pavement. Making it a true family event, runners of all ages dressed in costumes to face the challenge.

According to Ronnie Parker from Hopewell Recreation and Parks, “This was the largest race that we have had in Hopewell. It was exciting to see so many people despite the rain.”

**Biggest Winner Challenge**
During the Biggest Winner Challenge, participants logged hours of exercise and pounds lost. The team and individual winners received prizes from Best Buy and Chick-fil-A. For every pound lost and hour of exercise, the foundation donated $1 up to $10,000 to be divided evenly between the Hopewell Public Schools and Hopewell Recreation and Parks.

**New Beginnings**
Created to assist people with chronic illnesses, New Beginnings provided 13-weeks of closely monitored dietary and exercise training.

**Family Fun Nights**
To encourage healthy family activities, Family Fun Nights were hosted by nonprofit groups at the Hopewell Community Center on the first Friday of every other month. Events were sponsored by Big Brothers and Big Sisters, Hopewell Police Activities League and Hopewell Recreation and Parks.

**Well Wednesdays Brown Bag Luncheons**
Sponsored by Best Buy, Well Wednesday Brown Bag Luncheons were held each Wednesday at John Randolph Foundation offices. Seminar topics ranged from healthy cooking to cardiovascular health.

The wellness fair allowed participants to try new exercises. Many people also took the opportunity to test the WiiFit with the assistance of Best Buy associates.
At the wellness fair, Randolph Market sponsored a farmer’s market filled with local produce that encouraged participants to include fresh fruits and vegetables in their diet. Working at the market is Hopewell High School student, Blanca Palos.

Left: John Randolph Foundation trustees attend the wellness fair to promote the “Set Sail for a Healthy Hopewell” campaign.
(From l. to r.): Bobby Pershing, chairman of the Hopewell Recreation Commission; Dr. Jerome Skaggs, president of John Randolph Foundation; Marilyn Havenner, Virginia Secretary of Health and Human Services, and Brenda Pelham, mayor of Hopewell, cut the ribbon to the Hopewell Community Center’s renovated fitness area.

(Above): Josie and the Pussycats finish first place for their age bracket in the City Point 5K River Run and Walk.

(Right): Marlene Goodwyn weighs in at the conclusion of the Biggest Winner Challenge.
In the City Point 5K River Run and Walk, runners of all ages took to the streets on Halloween to show their commitment to a healthier lifestyle.

Chick-fil-A partnered with John Randolph Foundation in the “Set Sail for a Healthy Hopewell” initiative by supporting the wellness fair and Biggest Winner Challenge.

Vital Statistics
- Estimated 1,000 in attendance at wellness fair
- Estimated 300 health screening at wellness fair
- 440 registrations for City Point 5K River Run and Walk
- 20 participants in New Beginnings
- 338 participants in Biggest Winner Challenge
Golfers Tee Off for Tenth Year

Golfers gathered at the Country Club of the Highlands on October 2, 2009, for the tenth year to raise money for John Randolph Foundation scholarships. Adding a special “whirl” to the tournament, golfers purchased golf balls that were dropped from a helicopter. The owner of the golf ball that landed closest to the pin won a plasma television and stand.

The foundation’s 2010 tournament will be held at the Country Club of Petersburg on Monday, June 7. For more information: www.johnrandolphfoundation.org.

The Medicenter Pharmacy team finished first in the tournament. (From l. to r.): George Mahaney, Donny McMyne and Jordan Howell. Not pictured: Nick Lopashanski

Elegant Elves

Holiday Shopping Extravaganza

Elegant Elves returned to work their holiday magic and raise money for John Randolph Foundation scholarships on November 8, 2009, at Stein Mart in Richmond. Over 300 attendees shopped for bargains while enjoying massages, hair makeovers and makeup restyling.

Bill Bevins and Kat Simon from Lite 98 served as emcees for the event. Santa Claus was even available to discuss Christmas wish lists. Adding a magical element, Jonathan Austin mesmerized attendees with juggling feats and magic tricks.

Right: Kat Simon and Santa join efforts to raise money for scholarships.

Scholarship donor, Betty Blevins, and Bill Bevins celebrate the season of giving.

Jonathan Austin keeps the magic of the season alive.
John Randolph Foundation awarded $20,000 in the spring of 2009 to the American Heart Association to implement the Search Your Heart and the Power to End Stroke programs in Hopewell and Prince George.

After receiving the grant, the American Heart Association recruited sites for the programs and held a site coordinator kickoff training. By December 2009, the program was up and running at Third Baptist Church, Resources for Independent Living, Oak Street AME Zion Church, House Calls Plus, Good Shepherd Baptist Church, Harvest International Church, Gillfield Baptist Church and Tabernacle Baptist Church with 130 individuals participating.

Preventing Heart Attacks and Stroke

Search Your Heart and the Power to End Stroke are community-based programs for heart health and stroke prevention targeted to at-risk populations such as the African-American community. The programs focus on educating individuals about heart disease and stroke by placing an emphasis on nutrition and physical activity.

According to the American Heart Association, African-Americans are at especially high risk for heart disease and stroke. Statistics show that heart disease and stroke are the number one and number three killers of African-Americans. Furthermore, heart and cardiovascular disease claim the lives of over 104,000 African-Americans each year. This accounts for 33 percent of all deaths among African-Americans.

With such risk factors, the American Heart Association developed the Search Your Heart program in 1996 to reach high-risk audiences in traditional settings such as churches and community organization meetings.

Since its inception, over 15,000 churches and community organizations across the country have participated in the Search Your Heart program reaching over 1.5 million at-risk participants.

By empowering these individuals with information, the program shows how to take the necessary steps to reduce the risk of heart disease and stroke, including making healthy lifestyle changes and developing heart-healthy habits.

In 2010, the American Heart Association will establish seven additional sites for Search Your Heart and the Power to End Stroke programs.

According to the American Heart Association, “Many participants stated that through exposure to the program, their church health ministries are flourishing and members are excited and eager to make healthy lifestyle changes.”

Heart Attack Warning Signs

- Uncomfortable pressure, squeezing, fullness, or pain in the center of the chest that lasts more than a few minutes or goes away and comes back.
- Pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- Shortness of breath with or without chest discomfort.
- Other signs such as breaking out in a cold sweat, nausea or lightheadedness.

Call 911 immediately, if you or someone you know experiences these signs of stroke:

- Sudden numbness or weakness of the face, arm or leg, especially on one side of the body
- Sudden confusion, trouble speaking or understanding
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden severe headache with no known cause

Cindy Beadle from the American Heart Association accepts a John Randolph Foundation grant to expand the Search Your Heart program into Hopewell and Prince George.
Health and Health Care
Crater Health District Resource Mothers Program
$10,000 to maintain the part-time outreach position that is responsible for promoting healthy teen pregnancy outcomes in Hopewell. Hopewell Emergency Crew
$26,000 to assist with purchasing two Physio-Control LIFEPAK 12 cardiac monitors and defibrillators. Hopewell-Prince George Healthy Families
$45,000 to support the activities of its executive director, accreditation expenses and curricula. Hopewell Redevelopment & Housing Authority
$26,400 for an additional 20 residents to attend a 12-week state board certified nurse’s aid training class facilitated at Health Care Solutions in Petersburg. Pathways
$15,000 to fund health and wellness program costs for unemployed young adults, ages 16-24, who did not graduate from high school and may also have substance abuse issues.

Prevent Blindness Mid-Atlantic
$24,000 to support establishing Certified Children’s Vision Screening program for 39 public schools in the JRF service area.

Richard Bland College Foundation
$10,600 to assist with purchasing medical supplies and vaccines for the Student Health Clinic, supporting its health and wellness program expansion and paying lab fees for qualified students with no other means to pay. Southside Virginia Emergency Crew
$10,000 to assist in purchasing a new Zoll E Series cardiac monitor and defibrillator.

Prevention and Wellness
Crater Health District
$25,000 to support operating costs for cardiovascular risk screenings, health education, and empowerment to make lifestyle changes, with particular emphasis on impacting the Hopewell area. Sussex County Dept of Social Services Resource & Technology Center
$20,000 to assist with program costs to offer a personal development program for single mothers and their children in Sussex. The American Heart Association
$20,000 to assist with implementing the Search Your Heart and Power to End Stroke campaigns in the JRF service area, specifically in Hopewell and Prince George. The James House Intervention/Prevention Services
$10,000 to assist with operating expenses for interpersonal violence victim programs and services.

Mental Health/Special Needs
Alzheimer’s Association
$8,000 to assist with operating costs to provide education, training and respite for caregivers in the Tri-Cities area via three half-day conferences. Gateway Homes
$25,000 to help cover the cost of charitable care given to 24 indigent mentally ill residents of the JRF service area admitted in 2008-09. Happy Acres Foundation
$12,000 to assist with operating costs for summer camp 2010, which will benefit mentally challenged youth from the JRF service area. Southside Sheltered Workshop
$20,000 for general operating expenses of the workshop for intellectually and physically disabled adults.

Education
Appomattox Regional Library System
$20,000 to assist with operating Southside Community Partners, its nonprofit capacity building resources program, housed at the Hopewell library. Expenses may include books and materials, fees and a portion of the Nonprofit Resource Center Coordinator’s salary. Boys & Girls Club of Metro Richmond
$25,000 to support programming for personal development in the core areas.
children, summer camp and the Teen Leader’s Club of the Southside Virginia Family YMCA in Petersburg.

**Quality of Life**

**ALS Association**
$4,000 to continue assistance with operating expenses for its “free” patient services program for People living with ALS (PALS) in Hopewell and the surrounding area.

**Big Brothers Big Sisters**
$12,500 to support 12 school-based matches of “Bigs” to “Littles” in the city of Hopewell for 2009-2010.

**CARES**
$20,000 to continue assistance with maintaining its Post Shelter Management Program for women and children who have left the shelter and secured permanent housing.

**Colonial Heights Food Pantry**
$15,000 to assist with operating expenses for 2009.

**Downtown Churches United HOPE Center**
$25,000 to assist with operating expenses to maintain the Prescription Drug Assistance Program for individuals in the Tri-Cities area without the means to purchase life-saving medications as directed by physicians. Medical laboratory testing fees for this population, as well as perishable and protein foods for the Center’s food bank are also eligible expenses for this grant.

**Elder Homes Corporation**
$15,000 to help fund ADA and ADL accessibility and energy conservation improvements for 10 homes in the Hopewell-Prince George area.

**Feed More**
$20,000 to assist with operating expenses for the Kids Café, Meals on Wheels and the Central Virginia Food Bank, with emphasis on services in Hopewell and Prince George.

**Hopewell Recreation and Parks**
$30,000 to assist with operating expenses for the Respite Care Program ($23,000), the Rainbow Summer Program ($2,000) and the Youth Sports League ($5,000).

**Hopewell-Prince George American Red Cross**
$22,500 to assist with general operating expenses, excluding salaries and benefits.

**Serenity**
$15,000 to assist with operating expenses for HIV/AIDS support services.

**Shepherd’s Center of Chesterfield**
$3,000 to assist with operating expenses to support recruitment of three additional volunteer drivers to provide free transportation services for medical, pharmacy and grocery needs for seniors in the JRF service area.

**The Salvation Army**
$14,000 to assist with operating expenses for its Family Services Program (FSP), which provides food, clothing and financial assistance for families in crisis situations in the Tri-Cities area.

**United Way of Hopewell-Prince George**
$10,000 to assist with the shortfall of the 2009 campaign goal for funding health-related agencies in the JRF service area.
Each year, John Randolph Foundation’s board of trustees encourages gifts from our community to assist us in carrying out our mission to improve the health and quality of life for people in Hopewell and the surrounding area through various grant and scholarship programs and activities.

While some donors restrict their gifts for a certain purpose, many others specify that their gifts are unrestricted, to be used by the foundation’s board according to greatest need. In this edition of The Catalyst, the board of trustees recognizes all contributors from January 1, 2009, through December 31, 2009. These gifts not only supported the foundation’s various grant and scholarship programs, but also helped support other aspects of the mission.

On behalf of the board of trustees and all those lives that these donations helped to improve, please accept our heartfelt thanks.

The Cornerstone Society
(contributions of $10,000 & above)
Mrs. Edna T. Cain
City of Hopewell
Mrs. Ursula M. Gibbs
Mr. and Mrs. Michael H. Slominski
Mr. and Mrs. Brian Waymack

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Vergara & Associates
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Mr. Bill Wardrop
Gift of Giving

Please consider making a gift to support the work of John Randolph Foundation. You may restrict your gift by indicating your preference on the form below. On the back side of this form, please complete the requested information, so that your contribution can be correctly recorded. Please tear off the perforated form and include it in the enclosed giving envelope. We appreciate your assistance in improving the health and quality of life of residents in the local community.

I wish to assist John Randolph Foundation by restricting my gift for use in one of the following areas:

Community needs:
- Education
- Mental Health/Sustance Abuse/Mental Retardation
- Prevention/Wellness
- Quality of Life
- Unrestricted

Community organizations:
- Appomattox Regional Library System
- Beacon Theatre
- Hopewell-Prince George Community Health Center

Scholarships:
- Ted P. Blanks
- Anderson J. Blevins and Thelma L. Hammond
- Franklin D. Boyce
- Edna Trader Cain
- The Friends of Paul Carraway Memorial
- Juanita and Wilson Chambers
- Katy Clayton Memorial
- Plato George Eliades Law
- Louis C. and Ursula Sue Gibbs
- Judy Gordon Memorial
- Honeywell
- Hopewell Retired Teachers Association
  - Charles W. Smith Memorial
- Gregg E. Hosack
- John, Shanda and Doreatha Jackson
- John Randolph Medical Center Auxiliary
- Bobby Owen Memorial
- Prince George High School Memorial
- Genevieve Renn Roscher Nursing
- Rotary Club of Hopewell’s Jack Thomasson
- Rotary Club of Petersburg (Luncheon)
- Joan Glascosk Skaggs Nursing
- Marguerite M. Slagle Memorial
- Sylvia J. Slominski Nursing
- Robert and Dianne Smith Community Service
- The Talegaonkar Medical
- John and Wilber Traylor
- Woman’s Club of Hopewell
- Unrestricted

Achievement Awards:
- John Randolph Medical Center Nurse Educator
- Preston and Ann Leake Teacher Recognition
- Drs. Singh and Bhuller Tri-Cities Outstanding Educator of the Year
Memorials

In memory of Ted P. Blanks
Mr. E. E. Blanks
Crater District Area Agency on Aging
Lt. and Mrs. Lowell K. Flickinger
Ford Agency, Inc.
Riley Ingram
Ms. Janet C. Nicholson
Mrs. Barbara Parker
Mr. James E. Slagle
Mr. and Mrs. Robert S. Ukrop
Dr. James P. Webb
Mr. and Mrs. Robert S. Winn

In memory of Anderson J. Blevins
Mrs. Betty Blevins
Mr. and Mrs. Joseph Parker
Vergara and Associates

In memory of Eleanor Blick
Mr. Marvin N. Blick
Mr. and Mrs. Alfred L. Schneider

In memory of Doug Blount
Mr. and Mrs. Thomas R. Blount
Mr. and Mrs. Joseph Parker

In memory of Frances Brown Butler
Ford Agency, Inc.

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Monday Coffee Group

In memory of Katy Clayton
Mr. Daniel G. Clayton III
Mr. Daryl Clayton
Mr. and Mrs. Michael W. Clayton
Mr. and Mrs. Ned G. Diefendorf

In memory of Paul Carraway
Mr. and Mrs. Brian Waymack

In memory of Wilson Chambers
Mr. and Mrs. Ronald Hayes

In memory of Margaretha and Alfred Eden

Mr. and Mrs. Kenneth C. Harris Sr.

In memory of Plato George Eliaades
BB&T

In memory of Cynthia C. English
Mr. and Mrs. James A. Coleman

In memory of Catherine Daniel
Mr. and Mrs. John D. Sharpe

In memory of Seymour Garfinkel
Ms. Susan Wishnow

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BB&T

In memory of Cynthia C. English
Mr. and Mrs. James A. Coleman

In memory of Catherine Daniel
Mr. and Mrs. John D. Sharpe

In memory of Seymour Garfinkel
Ms. Susan Wishnow

The Neil A. Gordon family
Mayor Brenda Pelham signed a proclamation from the City of Hopewell on January 16, 2010, to recognize the contributions of Ursula Sue Gibbs. In celebration of Mrs. Gibbs’ 94th birthday, Mayor Pelham made a surprise visit to Mrs. Gibbs’ home to deliver the proclamation.

A life-long resident of Hopewell, Mrs. Gibbs has lived in the same block in the Dupont City neighborhood for over 90 years. She graduated from Hopewell High School in 1934 and married Louis C. Gibbs in 1939.

She worked with her husband in several business ventures, which included the establishment of two banking institutions. She also served Hopewell as the Deputy Commissioner of Revenue for more than 20 years. Mrs. Gibbs has overcome many illnesses, and continues to generate selflessness and positive influence in her community.

After her husband’s death, she established a scholarship at John Randolph Foundation in his memory. Since that time, the Louis C. and Ursula Sue Gibbs Scholarship fund has awarded 24 scholarships.

In memory of Louis C. Gibbs
Mrs. Ursula Sue Gibbs
The Neil A. Gordon Family
Mr. and Mrs. Ronald Hayes
Ms. Carolyn O. Reade
Dr. Clifton C. Read
Mr. and Mrs. James C. Stewart
In memory of Judy Gordon
Prince George High School
In memory of Thelma L. Hammond
Mrs. Betty Blevins
Mr. and Mrs. Joseph Parker
Vergara and Associates
In memory of Elizabeth Ann Withers Henderson
Ms. Janice L. Rowley
In memory of Larry Hodson
Mr. and Mrs. W.K. Williamson
In memory of Gregg E. Hosack
Mr. and Mrs. Ronald Hayes
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Mrs. Doreatha Jackson
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Mrs. Jeannie E. Lubman
In memory of Lance Moore
Dr. Charles N. Moore Jr.
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Mrs. Gail Pigeon
In memory of Robert Robinson Sr.
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Mr. and Mrs. Joseph M. Parker
Mr. and Mrs. Bolling S. Partin Sr.
Dr. and Mrs. Jerome D. Skaggs
Mr. and Mrs. Joseph E. Skaggs
Mrs. Mary M. Tucker
Vergara & Associates

City of Hopewell Honors One of Its Favorite Citizens
Since its inception, the foundation has sought to earn a competitive rate of return on the portfolio, while minimizing risk. A diversified asset allocation model, along with a tested spending formula based on average net assets, is designed to assure that the investment return is sufficient to meet short-term needs while maintaining the endowment into perpetuity.

The cost of operations directly relates to the ability of an organization to fulfill its charitable purpose. The foundation’s ratio of operating expenses to its net assets is 2.48 percent. According to the Council on Foundation, operating expenses range from under 5 percent for 45 percent of community foundations to over 30 percent for 9 percent of the foundations. The median operating expense is 6 percent.
John Randolph Foundation Welcomes New President

John Randolph Foundation named Linda Hyslop as its new president of the board of trustees at its January 2010 meeting. In her term as president, she said, “I am honored to follow in the footsteps of all the trustees that have gone before me and hope to continue leading the foundation as it addresses the many health care needs that exist in our community.”

Dr. Jerome Skaggs assumed the office of immediate past president. Dr. Skaggs served as president of the board of trustees for two consecutive terms in 2008 and 2009.

Hyslop began her service with the foundation in 2005 as a member of the advisory board. In 2006, she was appointed to the board of trustees. During her time on the board, she has served on the development, grant and scholarship committees. In 2009, she chaired the grant committee and focused her efforts on improving the foundation’s grant-making process.

Currently, Linda is in her 42nd year of service with the Hopewell Public Schools where she is the assistant superintendent for instruction. She holds a Bachelor of Fine Arts degree from Tulane University and a Master of Education degree from Virginia State University.

Active in the local community, Linda is a member of First Presbyterian Church, Rotary Club of Hopewell, Hopewell-Prince George Crime Solvers Association and an honorary lifetime member of the Junior Women’s Club of Hopewell. She is also a member of the Alpha Delta Kappa Education Sorority and a patron of the James River Ball.

In her spare time, Linda enjoys reading, needlework, knitting, fishing and traveling.

In-Kind Gifts

ACI Advertising Concepts Inc.
Adolph’s Men’s & Women’s Clothing
AirTran Airways
Amara Salon
American Family Fitness
Applebee’s
Arby’s
Ashley Furniture
At The Globe
Azzurro Ristorante
BB’s Cottage
Beary Crafty
Becky’s Hallmark
Best Buy
Body Works and More
Brio Tuscan Grille
Buffalo Wild Wings Grill & Bar
Build-A-Bear Workshop
Butterworth’s Furniture
Buzz and Ned’s Real Barbecue
Gwen Carter
Champps Americana
Cindy’s Salon and Spa
Clear Channel Radio
Coghill Gifts & Frames
Colonial Italian Restaurant
Cotty’s Cottage
Country Club at the Highlands
Country Club of Petersburg
Country Curtains
Cracker Barrel
David R. McGeorge Car Co.
Denny’s
Dick’s Sporting Goods
Dockside Restaurant
Dogwood Trace Golf Course
Don Jose
Dumplin Holler
Mrs. Charlotte Easterling
El Caporal
Ms. Jane M. Eliades
Ms. Beverly H. Epps
Firestone-Cavalier Square
The Flaming Pit
The Gardener’s Gate
Hair Techniques
Mrs. Glenda Hayes
Hereticke Feed & Seed
Hodgepodge
Ms. Etta C. Holc
Home Depot
Hooters of Chester
Hyatt Place-Chester
Mrs. Doreatha Jackson
JCPenney
Jimmy’s Grille
John Randolph Medical Center Auxiliary
Jordan Point Country Club
K&L Barbeque
Kroger Co.
Laine’s Paint and Frame Company
Laser Force
Lastovica Jewelers, Inc.
Les & Co. Hair Designs
Lynn’s Hallmark
Maggie’s
Dr. Phil McClure
Mrs. Tammy McCollum
Mim’s
Mother’s Dream
Ms. Jo Anne W. Norman
O’Charley’s
Old Navy
Olive Garden Italian Restaurant
Outback Steakhouse
Peebles
Penniston’s Alley
PetCo
Pleasure Island Seafood Restaurant
Purple Passion
Randolph Market
Red Lobster
Richmond International Raceway
Richmond Kickers
Roaming Oyster
Sam’s Club
Signature Salon and Spa
Southside Salon & Spa
Starbucks
Stein Mart
Swader, Inc.
Swift Creek Mill Theatre, Inc.
Talbots
VATEX
Vergara’s Cleaners
Village Bank
Walker’s Gym
WalMart
Walt Disney World Resort
West End Service Center
Wild Rose Cafe
Wintergreen Resort
Wyatt’s Florist
Wyndham Virginia Crossings
Yankee Coffee Shop
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Josie M. Craighead-Bailey
Grant Program Officer
Bonnie G. Falls
Scholarship Program Officer
Tammy E. McCollum
Administrative Associate

Upcoming Events
John Randolph Foundation
Annual Golf Tournament
June 7, 1:00 shotgun start
Country Club of Petersburg

Deadline for Receipt of Fall Grant Concept Papers
August 1

Wellness Fair
September 11
9:00 a.m. to 1:00 p.m.
Hopewell Community Center and John Randolph Foundation

15th Anniversary Celebration
October 15

www.johnrandolphfoundation.org