

THE CATALYST

Improving the Health and Quality of Life in Our Community

Summer 2009

John Randolph Foundation Grant Launches Nursing Careers



Finishing at the top of their class are (from l. to r.): Katie Purdue, Valedictorian; Vannette Taylor, salutatorian; Stacey Davis and Coreyll Smith, honorable mentions.

A growing crisis exists in the health care field as the demand for nurses and nurses aides increases. To grapple with the nursing shortage and assist with unemployment, the John Randolph Foundation has provided a grant to train 20 public housing residents to become nurses aides.

Public housing presents unique challenges since over 90 percent of residents are single, female heads of household whose average annual income is less than \$9,000. To complicate matters, residents deal with crime, violence, substance abuse and lack of education on a daily basis.

Through this initiative, John Randolph Foundation has collaborated with the Hopewell Redevelopment and Housing Authority to make a difference in the lives of its residents while assisting with a shortage in the health care industry.

“The mission of the John Randolph Foundation is to focus first on health and then on quality life and education. This grant addresses all three areas of the foundation’s mission.”

Linda E. Hyslop
Vice-President and Grant Committee Chair
John Randolph Foundation

Participants in the program received 14 weeks of nursing instruction, which included classroom instruction at Health Care Solutions and clinical training at Golden Living Center - Battlefield Park.

After completing the program, students are prepared to work as nurses aides. Some students even have expressed interest in becoming licensed practical nurses and registered nurses. According to community services coordinator, Joyce J. Gholson, “These young ladies have demonstrated that despite the challenges that they have faced in life, if a person believes in themselves and follows their dreams, they can achieve anything.”

The foundation seeks to fund projects that improve the health of the local community. Linda E. Hyslop, the foundation’s vice-president and grant committee chair said, “The mission of the John Randolph Foundation is to focus first on health and then on quality of life and education. This grant addresses all three areas of the foundation’s mission.”

Elegant Elves

Holiday Shopping Extravaganza

Elegant Elves was a multitasker's holiday treat. Held on Sunday, November 9, at the Midlothian Stein Mart, shoppers searched for items on their Christmas lists, indulged in holiday treats, previewed the latest fashions, pampered themselves with massages and enjoyed time with family and friends - while raising money for scholarships. A silent auction, a raffle for a total makeover and a ride in Santa's Sleigh (a chartered bus ride from Hopewell) made for a memorable evening. To join the fun, mark your calendar for this year's Elegant Elves on Sunday, November 8.

Right: Delegate Riley Ingram and Santa spread holiday cheer.

Below: Shoppers take time from their shopping to enjoy a holiday treat.





Left: Retired Hopewell School teacher, Lenard Moore-Tucker shows off one of the latest styles at Stein Mart.

Right: John Randolph Foundation President Jerome Skaggs serves shoppers to raise money for scholarships.



Left: John Randolph Foundation trustees, Linda Hyslop and Kevin Foster enjoy the shopping festivities.

Right: Scholarship donor, Doreatha Jackson, and John Randolph Foundation retiree, Glenda Hayes, were on-hand to shop 'til they dropped.



Left: Etta Holc with the John Randolph Medical Center Auxiliary shops for holiday gifts while raising money for scholarships.

Above: Sheena Mackenzie from Central Virginia Health Services joins the holiday fun to increase scholarship funds.

Local Students Awarded Scholarships

John Randolph Foundation awarded over \$125,000 in scholarships to area students on Tuesday, May 26. On hand for the event were foundation trustees, donors, volunteers, staff, guidance counselors and students with their families.

Dr. Jerome Skaggs, the foundation's president, welcomed everyone to the event by giving a brief history of the scholarship program and extending gratitude to all the scholarship donors. Scholarship chair, Anne Page Henry, announced the 30 scholarship recipients and three educator awards.

Adding to the event, Joe Allain Dollette, a 2004 Bobby Owen Memorial Scholarship recipient, gave an update of his academic progress and Cindy Blanks-Shearin read a thank you letter from her daughter, Carrie, for the scholarship that she received in 2004. In addition, Emma Merrill, recipient of the Rotary Club of Petersburg (Luncheon) Scholarship rendered a musical selection.



Emma Merrill, recipient of the Rotary Club of Petersburg (Luncheon) Scholarship, is a student at the Appomattox Regional Governor's School for the Arts and Technology.

Chase Adams, Prince George H.S.
Rotary Club of Petersburg
(Luncheon) Scholarship

Jordan Akers, Colonial Heights H.S.
John Randolph Medical Center
Auxiliary Scholarship

Emmanuel Anyetei-Anum, Thomas Dale H.S.
John Randolph Medical Center
Auxiliary Scholarship

Ashley Clark, ARGs
Appomattox Regional Governor's School for
the Arts and Technology Scholarship

Erika Cobb, Hopewell H.S.
Robert C. and Dianne W. Smith Community
Service Scholarship

Andrea Dodson, Prince George H.S.
Louis C. and Ursula Sue Gibbs Scholarship

Brandon Ellison, Prince George H.S.
John Randolph Medical Center
Auxiliary Scholarship

Amber Elmore, Hopewell H.S.
Hopewell Retired Teachers Association's
Charles W. Smith Memorial Scholarship

Farnoosh Faezi-Marian, Thomas Dale H.S.
Anderson J. Blevins and Thelma L.
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Sarah Henry, Prince George H.S.
Bobby Owen Memorial Scholarship

Anne Hermes, Maggie Walker H.S.
John Randolph Medical Center
Auxiliary Scholarship

Lacie Horak, Hopewell H.S.
Ted P. Blanks Scholarship

Taylor Horak, Hopewell H.S.
Gregg E. Hosack Scholarship

Gabrielle Johnson, Prince George H.S.
Genevieve Renn Roscher Nursing Scholarship

Thomas Johnson, Prince George H.S.
Plato George Eliades Law Scholarship

Kendahl Kean, Thomas Dale H.S.
Joan Glascock Skaggs Nursing Scholarship

Heather Lewis, Prince George H.S.
Nelsen Funeral Home Scholarship

Jillian Lewis, Prince George H.S.
Katy Clayton Scholarship

Megan McGrath, Hopewell High H.S.
Rotary Club of Hopewell's Jack Thomasson
Scholarship

Emma Merrill, ARGs
Rotary Club of Petersburg (Luncheon) Scholarship

John Morelock, ARGs
John Randolph Foundation Merit Scholarship

Chelsea Nave, Prince George H.S.
Talegaonkar Medical Scholarship

Kimberly Phillips, Prince George H.S.
Judy Gordon Memorial Scholarship

Susan Powroznik, Prince George H.S.
John, Shanda and Doreatha
Jackson Scholarship

Alyssa Roberts, Hopewell H.S.
Marguerite M. Slagle Memorial Scholarship

Jessica Short, Thomas Dale H.S.
Franklin D. Boyce Scholarship

Yvonne Spratley, Prince George H.S.
Franklin D. Boyce Scholarship

Michelle Stith, Prince George H.S.
Ted P. Blanks Scholarship

William Summers, Thomas Dale H.S.
John and Wilber Traylor Scholarship

Daniel Talmage, Prince George H.S.
Prince George High School
Memorial Scholarship

Spencer Watts, Thomas Dale H.S.
Woman's Club of Hopewell Scholarship

Ashley Whitaker, Petersburg H.S.
Rotary Club of Petersburg
(Luncheon) Scholarship

Keeping the “Well” in Hopewell

This September, John Randolph Foundation will launch “Set Sail for a Healthy Hopewell,” a health and wellness initiative for people who live, worship, work volunteer or play in Hopewell!! To kick off the 12-month pilot, a wellness fair will be held at the foundation on Saturday, August 29, from 9:00 a.m. to 1:00 p.m. The fair will focus on creating nutritious meals and developing exercise routines that fit into everyday life. The event will also include screening for high blood pressure, diabetes and high cholesterol.

The goal of “Set Sail for a Healthy Hopewell” is to create a climate conducive to health and wellness for individuals of all ages in the community. According to Lisa Sharpe, the foundation’s executive director, “We have worked to identify existing activities that encourage good health practices and have attempted to build on and expand these efforts.”

Collaborating with the City of Hopewell, John Randolph Medical Center, Hopewell-Prince George Community Health Center, Hopewell

Recreation and Parks, Crater Health District, Hopewell/Prince George Chamber of Commerce and other nonprofit organizations, the foundation plans to promote overall community wellness through the provision of educational materials and programs, disease prevention measures and other resources that address medical, dental and behavioral health care needs.

During the last several months, the foundation has met with representatives from over 30 area

organizations to identify health concerns in Hopewell. The groups then pinpointed existing resources that could be used to target these health issues. In addition, the groups brainstormed to find creative ideas for encouraging healthy lifestyles in Hopewell.

From nutrition in the schools to weight loss challenges in the workplace, “Set Sail for a Healthy Hopewell” also includes information sessions ranging from smoking cessation to diabetes management.

“This is an all encompassing effort that takes into consideration the health needs of infants, children, teenagers, adults and senior citizens,” says Sharpe. “We are looking forward to seeing people gain a better understanding of disease prevention and management while finding opportunities to create healthier lifestyles.”



The Health of Our Nation

According to the Centers for Disease Control, nearly 7 in 10 people were in excellent or very good health in 2007. About 36 million persons (12%) were limited in their usual activities due to one or more chronic health conditions. About 4 million persons (2%) required the help of another person with activities of daily living, and about 9 million persons (4%) required the help of another person with instrumental activities of daily living. About 6% of children received special education or early intervention services. Among persons under age 65 years, about 43 million (17%) did not have any health insurance coverage. The most common reason for lacking health insurance was cost, followed by a change in employment.

2008 GRANTS

John Randolph Foundation reviews regular grant requests twice a year, in the spring and in the fall. Each cycle begins with a concept paper which explains the project. Concept papers are reviewed and organizations are either denied or ask to submit a formal proposal. The following is a list of grants awarded in 2008.

Health

ALS Association

\$8,000 to help underwrite the cost of a free patient services program for people living with ALS, also known as Lou Gehrig's disease.

Alzheimer's Association

\$8,000 to assist the Tri-Cities branch with providing three half-day training conferences for care givers.

Hopewell Emergency Management

\$26,850 to purchase a computer and software for the Mobile Command Center.

Resource Mothers Program

\$10,000 to fund the part-time case manager position that is responsible for promoting healthy teen pregnancy outcomes in Hopewell.

Health Care

Central Virginia Health Services

\$185,000 to assist in expanding the Hopewell-Prince George Community Health Center facilities, maintaining



Chris Broughton-Spruill,
Children's Hospital Foundation

the medication access program and providing mammograms for uninsured women in our service area.

Bensley Bermuda Volunteer Rescue Squad

\$10,200 to assist with purchasing eight Broselow Pediatric Emergency Systems to be used if needed during pediatric emergency situations.

Children's Hospital Foundation

\$40,000 to assist with operating expenses for a new therapy center to be established in Petersburg.

Crater District Area Agency on Aging

\$50,000; \$40,000 for continued transportation services for Hopewell residents to and from medical appointments and \$10,000 to cover fuel assistance requests from Prince George residents.

Enon Volunteer Fire Department

\$20,000 to purchase protective gear and equipment, and materials to educate the community regarding fire prevention.

Hopewell Lions Club Charities

\$5,000 to provide eye glasses for at least 50 qualified children in Hopewell and Prince George.

The Shepherd's Center of Chesterfield

\$7,500 to expand the free medical/pharmacy transportation and minor home repair services for elderly in the Chesterfield area.

Smiles Change Lives

\$10,000 to assist with full orthodontic services for 20 qualified youth who reside within the Foundation's service area.

Southside American Red Cross

\$3,000 to sponsor three health services



Judy Tyree
Alzheimer's Association

kits for use during emergency situations in the service localities of Petersburg, Colonial Heights and Dinwiddie County.

Southside Virginia Emergency Crew

\$20,000 to purchase a new Zoll E Series cardiac monitor and defibrillator.

Virginia Dental Health Foundation

\$7,500 to fund a part-time position that will recruit providers to treat elderly and disabled persons via Donated Dental Services.

Mental Health/Special Needs

Friends of the Army Women's Museum

\$28,500 to support the creation of hands-on, interactive programs for special needs students.

Gateway Homes

\$5,000 to fund a healthcare benefits coordinator position to improve access for indigent mentally ill persons.

Education

Appomattox Regional Library System

\$24,000 to assist with operating expenses for the Nonprofit Resource Center and ConnectSouthside.

Army Quartermaster Foundation

\$14,500 to help fund the 2009 History Underfoot: Community Teacher Institute for educators in the region.



Bev Dew
John Tyler Community College Foundation

Boys & Girls Club of Metro Richmond
\$30,000 to support programming for personal development in the core areas of education, career and leadership at the Hopewell club.

Hopewell Public Schools
\$50,000 to support the partial salary of a coordinator, mentor coaches and program costs associated with the Early Childhood Initiative.

Hopewell Redevelopment & Housing Authority
\$25,900 to fund nurse's aid training for 20 public housing residents in Hopewell.

John Tyler Community College Foundation
\$32,000 to fund one year's salary for a career coach at Hopewell High School.

Legal Information Network for Cancer
\$10,000 to support expansion to include all cancer patients in Charles City County, educational and outreach materials and funding for two educational conferences to be held in Hopewell.

The Prince George Historical Society
\$15,000 to fund resource material packets for a regional historical education program designed for elementary to middle school youth in the region.

Virginia Network of Nonprofit Organizations
\$8,000 to fund capacity-building and networking activities for small-to-mid-sized nonprofit agencies in our service area.

YMCA of Greater Richmond
\$15,000 to support the Southside YMCA's before and after school program, new Teen Leaders Club and summer day camp in Petersburg.

Prevention & Wellness

Dinwiddie County Public Schools
\$8,400 to support the 2009 Community Health Fair: One Road to Wellness. This annual one-day event provides information regarding healthy living, wellness and community resources.

The James House Intervention/Prevention Services
\$25,000 to assist with operating expenses for interpersonal violence victim services.

Hopewell-Prince George Healthy Families
\$60,000 to assist with the cost of intensive home visitation, evaluation fees and director's salary.

Quality of Life

Big Brothers Big Sisters
\$19,800 to fund 18 "matches" of high school students mentoring elementary school students in Hopewell.

CARES
\$15,000 to assist with maintaining the post shelter case management program.

Chesterfield CASA
\$3,550 to help recruit, train and supervise volunteers who advocate for 10 children in the Chesterfield area.

Colonial Heights Food Pantry
\$10,000 to assist with operating expenses.

Crater Community Hospice
\$40,000 for general operating support to supplement the growth in patient load and subsequent need to move into a new facility.

Family Lifeline
\$5,000 to assist with operating expenses for the Youth Outreach Program for troubled teens and their families.

Foster Grandparents Program
\$12,000 to assist with van driver salaries and benefits, as well as a

portion of the transportation coordinator's salary for Hopewell and Prince George area services.

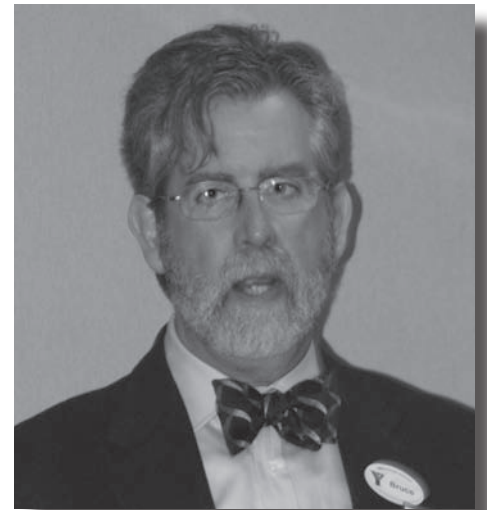
Hopewell-Prince George American Red Cross
\$15,000 to provide partial salary for a full-time development position.

Hopewell Recreation and Parks
\$25,000 to assist with operating expenses for the Respite Care Program (\$18,500), the Rainbow Summer Program (\$1,500) and the Youth Sports League (\$5,000).

Retired Senior Volunteer Program (RSVP)
\$15,000 to fund the volunteer coordinator position, and volunteer reimbursement and recognition.

Richmond Organization for Sexual Minority Youth
\$10,000 to assist with conducting 20 training sessions for local human and family service professionals regarding the issues confronting sexual minority and questioning youth clients and their families.

Serenity
\$15,000 to assist with operating expenses for HIV/AIDS support services.



Bruce Yoder
Greater Richmond YMCA

The Gift of Giving

Each year, John Randolph Foundation's board of trustees encourages gifts from our community to assist us in carrying out our mission to improve the health and quality of life for people in Hopewell and the surrounding area through various grant and scholarship programs and activities.

While some donors restrict their gifts for a certain purpose, many others specify that their gifts are unrestricted, to be used by the foundation's board according to greatest need. In this edition of The Catalyst, the board of trustees recognizes all contributors from January 1, 2008, through December 31, 2008. These gifts not only supported the foundation's various grant and scholarship programs, but also helped support other aspects of the mission.

On behalf of the board of trustees and all those lives that these donations helped to improve, please accept our heartfelt thanks.

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Please consider making a gift to support the work of John Randolph Foundation. You may restrict your gift by indicating your preference on the form below. On the back side of this form, please complete the requested information, so that your contribution can be correctly recorded. Please tear off the perforated form and include it in the enclosed giving envelope. We appreciate your assistance in helping to improve the health and quality of life of residents in the local community.

I wish to assist John Randolph Foundation by restricting my gift for use in one of the following areas:

Community needs:

- Education
- Mental Health/Substance Abuse/Mental Retardation
- Prevention/Wellness
- Quality of Life
- Unrestricted

Community organizations:

- Appomattox Regional Library System
- Beacon Theatre
- Hopewell-Prince George Community Health Center

Scholarships:

- Ted P. Blanks
- Anderson J. Blevins and Thelma L. Hammond
- Franklin D. Boyce
- Juanita and Wilson Chambers
- Katy Clayton Memorial
- Plato George Eliades Law
- Louis C. and Ursula Sue Gibbs
- Judy Gordon Memorial
- Honeywell
- Hopewell Retired Teachers Association
Charles W. Smith Memorial
- Gregg E. Hosack
- John, Shanda and Doreatha Jackson
- John Randolph Medical Center Auxiliary
- Bobby Owen Memorial
- Prince George High School Memorial
- Genevieve Renn Roscher Nursing
- Rotary Club of Hopewell's Jack Thomasson
- Rotary Club of Petersburg (Luncheon)
- Joan Glascock Skaggs Nursing
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- Sylvia J. Slominski Nursing Scholarship
- Robert and Dianne Smith Community Service
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- John and Wilber Traylor
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John Randolph Foundation Welcomes New Trustee



Brenda Hayes recently joined the board of trustees at John Randolph Foundation. A lifelong resident of Hopewell, Hayes is a graduate of Carter G. Woodson High School and attended Virginia State University. She is retired from Honeywell (formerly Allied Signal) with more than 30 years of service in various positions. While at Honeywell, her primary focus was workmen's compensation. Currently, she works at Hopewell Social Services.

Involved in the community, she has served on the Hopewell Bicentennial Committee, Hopewell School Board and as a Book Buddy at Harry E. James Elementary School. She also is active in her church where she has served as a trustee and youth advisor.

Hayes hopes to bring her experiences in the local community into her role as a trustee of the foundation. According to Hayes, "As a lifelong resident of Hopewell, I hope to bring an insight of the community."

In her new role, she will serve on the investment advisory, development and scholarship committees. Hayes fills a vacancy on the board left by James W. Patterson Sr. who served on the foundation's board of trustees from January 2006 until January 2009.

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JOHN RANDOLPH FOUNDATION

www.johnrandolphfoundation.org

UPCOMING EVENTS

Deadline for Receipt of Fall Grant Concept Papers

August 1

Health & Wellness Fair

September 26

9:00 a.m. to 1:00 p.m.

John Randolph Foundation

John Randolph Foundation Annual Golf Tournament

TBD

Country Club at the Highlands

Elegant Elves

November 8, 2009

6:30-8:30 p.m.

Stein Mart (Richmond)



JOHN RANDOLPH FOUNDATION

P.O. Box 1606

112 North Main Street

Hopewell, Virginia 23860

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