

## Board of Trustees

John Randolph Foundation Inc.

**MARLENE G. GOODWYN**

President

**BRENDA S. PELHAM**

Vice President

**RONALD K. BULLIS, PH.D.**

Secretary

**ANNE PAGE HENRY**

Treasurer

**C. BISHOP KNOTT, JR.**

Immediate Past President

**GURPAL S. BHULLER, M.D.**

Trustee

**F. ZANE BLEVINS**

Trustee

**THOMAS R. BLOUNT**

Trustee

**ONZA E. HYATT**

Trustee



JOHN RANDOLPH FOUNDATION

### Mission

The John Randolph Foundation is working to improve the health and quality of life for residents of Hopewell and the surrounding areas.

### John Randolph Foundation

P.O. Box 1606  
112 North Main Street  
Hopewell, Virginia 23860  
(804) 458-2239

### Dates to Remember

#### December 2003

Fall grant awards announced

#### February 1, 2004

Spring 2004 grant cycle concept papers due

#### March 1, 2004

All scholarship applications due  
(see page 6 for a scholarship listing)

#### October 4, 2004

6th Annual Golf Tournament

**S**TARTING this year, there's an additional incentive for Hopewell public school teachers to do their best. At the end of the school year, one exceptional teacher will be awarded a \$1,000 grant toward continuing their education through the Singh-Bhuller Outstanding Educator of the Year Award. The award was started in December 2002 by Neena G. Singh, M.D. and her husband Gurpal S. Bhuller, M.D. to annually encourage and recognize those exceptional teachers who demonstrate the ability to lead youngsters and provide a better learning environment. The award is administered as a grant through the John Randolph Foundation and is currently available to Hopewell public school teachers only. It is the hope of Drs. Singh and Bhuller to expand the award in the near future to include Prince George and Colonial Heights public school systems, as well.

## Singh-Bhuller Outstanding Educator of the Year Award

"We both believe that education is the key to improving one's life," said Dr. Bhuller, "and there is no better educator than a good teacher. Learning is a lifelong process and those who set us and then guide us along this path must be nurtured and cherished."

SEE "AWARD" ON PAGE 8

**Dr. Winston O. Odom,**  
Superintendent of  
Hopewell Public  
Schools, visits with  
students from Dupont  
Elementary School.

*According to Dr. Odom, "The Hopewell School System is fortunate to have a number of talented and exceptional teachers. We are grateful to Drs. Singh and Bhuller for their generosity as we continuously strive to expand our teachers' skills and knowledge."*



# Golf Tournament

The 5<sup>th</sup> Annual John Randolph Foundation Golf Tournament was held October 6, 2003, at the Highlands Golf Club in Chesterfield County. Foundation Board member Onza Hyatt and John Randolph Medical Center's CEO, Dan Wetta, co-chaired the event.

"Each year we get more and more repeat players," Hyatt remarked. "I think it's because they're having so much fun, and they feel they're getting a good value."

It may be, too, because they know the money is going to a good cause. One-hundred percent of the net proceeds from the tournament go toward funding scholarships in the community. "Not a penny of it goes toward overhead, salaries or anything else—just for worthy young people to further their education," added Hyatt.

Over the last five years, the tournament has raised \$124,000, \$104,000 of which has been restricted for scholarships. (Proceeds from the first event were used to augment grants addressing access to healthcare issues.)

Each year the John Randolph Medical Center has been the event's naming sponsor, donating a total of \$50,000. Under Dan Wetta's leadership, the hospital has been an invaluable partner in the annual tournament, helping it grow and raise the money needed to help so many area students. The Foundation is truly indebted to Wetta and the hospital's generosity.

The winners of the 2003 John Randolph Foundation Golf Tournament (Left to Right) David Lott, Gurpal Bhuller, M.D., Alan Hill, and Bruce Cavarno.



## Spotlight / F. Zane Blevins, JRF Trustee

F. Zane Blevins' name is practically synonymous with the John Randolph Foundation's Board of Trustees. Why? Because Blevins has held a seat on the Board since the Foundation was created in 1995. He also served as the Foundation's president for the first two years. Blevins is slated to rotate off the Board in 2005, but in the eight years that he served, he has helped the Foundation grow and reach many of its goals.

Blevins was originally one of nine local area residents that comprised the John Randolph Hospital Authority. As a member of the Authority, he was responsible for helping to make the decision to sell John Randolph Hospital, a non-profit healthcare facility.

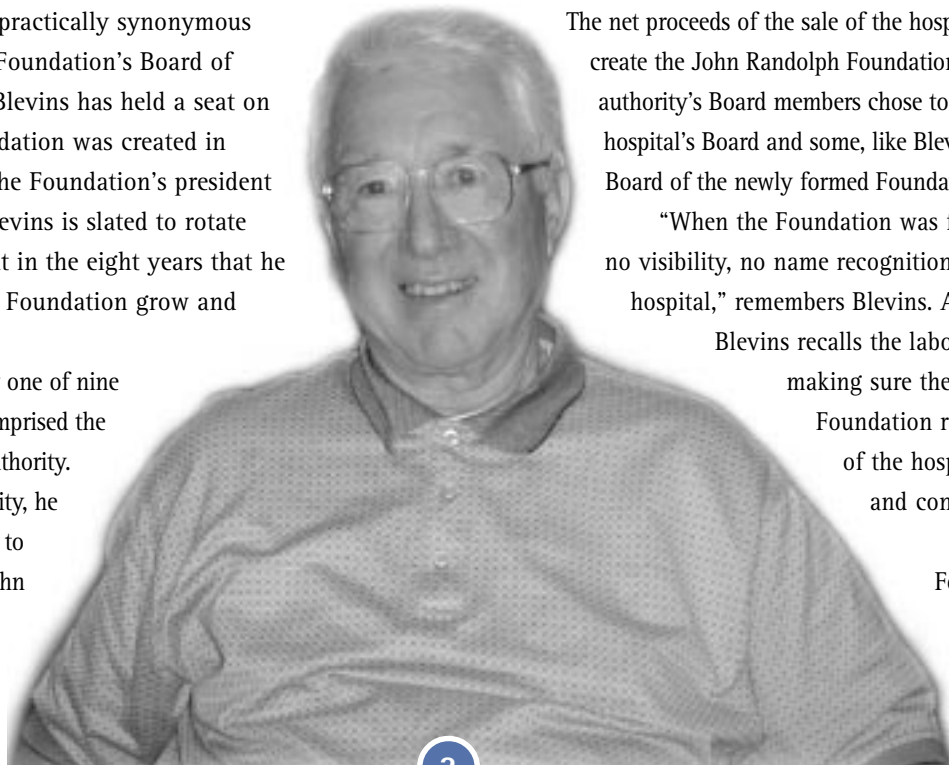
The net proceeds of the sale of the hospital were used to create the John Randolph Foundation. Some of the authority's Board members chose to join the new hospital's Board and some, like Blevins, chose to join the Board of the newly formed Foundation.

"When the Foundation was first formed, we had no visibility, no name recognition separate from the hospital," remembers Blevins. Along with this issue,

Blevins recalls the laborious process of making sure the \$25 million the Foundation received from the sale of the hospital was prudently and conservatively invested.

Looking back at the Foundation over the last eight years,

SEE "BLEVINS" ON PAGE 8



# June Grantee Seminar

**T**HE John Randolph Foundation held its third Grantee Seminar on June 3, 2003. The goal of these seminars is to assist non-profit groups in the Foundation's service area to be more effective fundraisers and non-profit administrators. Thirty-eight non-profit organizations attended the seminar at the Foundation's headquarters. According to a survey taken during the program, the attendees represented social service organizations (36%), health organizations (30%) and schools (3%). Others in attendance represented youth services, recreation and mentoring programs.

This year's seminar featured two guest speakers. Dr. Ronald K. Bullis, the pastor of First Presbyterian Church in Hopewell and JRF Trustee, spoke in the morning session on "Demonstrating Program Effectiveness." According to Bullis, the goal of this session was to encourage grantees to use effective and persuasive research methods in order to show how their program is achieving the organization's stated goals.

"First off," he explained, "grantees should get into the habit of looking at grants from the grant maker's point of view, because as recipients of this money, grantors have a fiduciary responsibility to use it effectively." He went on to explain that if grantees can empirically demonstrate that their program is working, they can better satisfy the fiduciary responsibility of those making the grants.

Bullis then went over proper research methods specifically applicable to non-profit organizations. He provided a step-by-step approach to help them develop goals for their programs that are behavioral and that can be measured. He also offered them ways in which to present data that is accurate, effective and persuasive.

After a break for lunch, Randy Howard, a partner with Paul M. Compton CPA & Company, spoke on "Financial Standards for Small Non-Profits." The main emphasis of his talk was on the importance of accountability and credibility. Howard explained that financial issues endanger an organization's credibility the most.

"When there is an issue raised about the organization's finances, the perception is usually that the money has been taken from the needy, so financial public credibility is essential," he said. "It doesn't matter if a wrong has been done," he added. "It's the perception that counts."



(Left to Right): Dr. Ronald K. Bullis, JRF Trustee and pastor of the First Presbyterian Church and Randy Howard, a partner with Paul M. Compton CPA & Company.

**"Everyone commented that they learned something, even if they had been in the business for many years."**

Howard then outlined some issues in the news lately that have had damaging results on non-profit organizations. His advice to organizations was to have internal controls like financial audits in place and to make sure to honor all donor restrictions. Howard concluded by providing a list of resources that organizations can use to help strengthen their accountability and credibility.

At the end of both talks a survey was handed out to attendees to critique the sessions. "The response was very positive," Howard said. "Everyone commented that they learned something, even if they had been in the business for many years."

# Spring 2003 Grants

**J**OHN Randolph Foundation reviews grant requests twice a year, once in the spring and once in the fall. The review process begins in February for the spring, in August for the fall. Each cycle begins with submission of a three-page concept paper explaining the project for which funding is requested. Concept papers are reviewed, and organizations are either denied or invited to submit a formal proposal. During the spring 2003 cycle, 46 concept papers were submitted, of which 36 were invited to submit a formal proposal, and 32 received funding. Following is a list of the grants awarded in Spring 2003. Please note, while each grant is listed under one category, some may fit multiple categories. A list of fall 2003 grants will be published in JRF's winter/spring newsletter.

## Access to Care

It is imperative that all citizens in the John Randolph Foundation service area are able to access affordable medical treatment, prescription medications and emergency and preventive care. As such, funds are made available for programs that provide high quality, appropriate care for those who cannot afford and/or access services.

### Central VA Health Services

To be used in the Hopewell/Prince George Health Clinics for their operating expenses and medication assistance programs.

### Cross-Over Health Ministry

To assist in renovating a facility that will house a free clinic from which health care services will be provided to needy persons who reside in the Bensley District of Chesterfield County. Additionally, this award will provide operating funds for that clinic.

### Petersburg Urban Ministries

To assist with staff salaries for the Workers and Wellness Project that will address the health needs of young adults and their children.

### Southside VA Emergency Crew

To purchase training equipment to demonstrate CPR and practice defibrillation.

## Prevention/Wellness

Programs that prevent disease and encourage healthy lifestyles, as well as those that improve the health and safety of various segments of the population, are seen as vitally important to the overall well-being of community residents.

### Big Brothers Big Sisters

For a case manager in Hopewell to provide mentors to children at risk.

### Friends Association for Children

To provide career training to parents of children enrolled at the Mary Tyler McClenahan Childcare Center. Additionally, the grant may be used to subsidize participants' childcare costs.

### Foster Grandparent Program

To place four foster grandparents in Hopewell and Prince George.

### The James House, Intervention & Prevention Services

For operational support of their program that assists victims of sexual assault.

### Petersburg Healthy Families

To assist in supporting the salary, benefits and associated costs of Family Support Specialists.

### Pregnancy Support Center of the Tri-Cities

To assist in a variety of operational needs associated with counseling women who are in the midst of a crisis pregnancy.

## Education

Studies have demonstrated that there is a direct link between the educational level of a community and its overall health status. Therefore, the John Randolph Foundation provides a variety of grants to support educational projects.

### Appomattox Regional Library Services

To create handicap access to the McKenney Library and to renovate a storage space which will provide additional library space.

### Boys & Girls Clubs of Hopewell

To fund POWER Hour, a comprehensive homework help and tutoring program for members of the club. The program is designed to raise academic proficiency of children.

### Dr. Martin Luther King, Jr. Committee

To assist in purchasing a statue of Dr. King, which will be placed in Hopewell's Ashford Plaza.

### Hopewell Recreation & Parks

To assist with the Rainbow Summer Program which provides academic and cultural enrichment to youth in Hopewell and for activities associated with August Youth Month.

### Hopewell Redevelopment & Housing Authority

To provide funding for Fun-Time, an after school program which is offered in community centers in four housing developments in Hopewell.

### Legal Aid Justice Center, Inc.

To provide representation of disabled children in attaining the educational services they are entitled to under the law.

### Miles B. Carpenter Folk Art Museum

To hold summer enrichment classes for children.

**Petersburg Office on Youth**

To provide after-school programs in Petersburg Elementary Schools.

**Southside Area Health Education Center**

To support the Biotechnology Bananza which cultivates middle school students who have an aptitude and interest in pursuing a career in healthcare.

**New Initiatives**

Each year, innovative new health-related programs and services that address unmet needs in the community are supported with start-up funding. These new programs are vital to the health of the community. Through many of them, new health issues are identified and addressed, new ways of caring are developed and more people are served.

**Central VA Legal Aid Society**

To fund the Central VA Domestic Violence Civil Legal Assistant Project.

**Chesterfield Alternatives**

To provide support to construct a facility for psychosocial rehabilitation.

**Chesterfield Technical Center**

To provide funding for teaching aids for the Center's health occupations and practical nursing courses.

**Crater District Area Agency on Aging**

To establish an emergency fund to assist senior citizens in need of financial assistance.

**Southside Area Court Appointed Special Advocates (CASA)**

To train volunteers to advocate for abused and neglected children.

**Quality of Life**

"Healthy Communities" is often used to describe an approach to grant-making that focuses on improving public health and quality of life in a community. The John Randolph Foundation supports a broad range of organizations that affect the health and well being of individuals through programs while at the same time promoting the quality of life and overall wellness of the community.

**Central VA Independent Living Center, Inc.**

To provide operating support in the Petersburg office.

**City Point Adult Day Care**

To provide day care services to needy clients and to assist in marketing and promotion of the facility.

**Crater Community Hospice**

To assist with day-to-day operations.

**Elder Homes Corporation**

To provide minor home repairs, accessibility and safety related improvements for low-income, elderly and disabled households in the city of Hopewell.

**Interfaith Adult Day Care**

To provide transportation and cover costs of day care services for needy clients.

CONTINUED ON NEXT PAGE

# Grantees Corner

**Central VA Health Services Receives \$426,000 Grant from The Bureau of Primary Care**

Central Virginia Health Services (CVHS) has recently been awarded a \$426,000 grant from the Bureau of Primary Health Care. The money will allow the Hopewell/Prince George Area Health Center to relocate to a single site and expand its hours of service and the number of doctors and nurses on staff. The award is the result of years of work by a variety of community leaders and, according to Rod Manifold, CVHS Executive Director, "this would not have been possible without substantial financial support and leadership provided by the John Randolph Foundation."

The Center currently operates on a part time basis at two separate sites, one in Hopewell and one in Prince George County. This grant money will bring the area a full time community health center, conveniently located for residents of both communities, and allow the Center to serve at least 3,000 new patients.



(From left to right) Pearl Clifton, President, JRMC Auxiliary; Nat Elliott, Chairman, Board of Supervisors, Prince George County; Vanessa Justice, Vice-Mayor, City of Hopewell; Daniel Wetta, CEO, JRMC; Thomas Heinbuch, Volunteer, JRMC; Rod Manifold, Executive Director, Central VA Health Services

*This article is the first of what will be a regular feature highlighting JRF grant recipients.*

## Mental Health/Retardation, Substance Abuse

Often overlooked in our society as a legitimate health concern, societal problems and the overall health of the community are directly linked to mental health, mental retardation and substance abuse. The John Randolph Foundation provides grants to organizations that provide a variety of services that have both short- and long-term positive outcomes.

### Central VA Health Planning Agency

To continue developing data and implementing recommendations on inpatient mental health utilization in John Randolph Foundation's service area.

### Gateway Homes of Greater Richmond, Inc.

For operating expenses associated with assisting persons with mental illness at Gateway Homes.

### Southside Sheltered Workshop, Inc.

To provide operational support to continue their program of training and employing mentally and physically challenged men and women.

## Community Contribution Grants

### American Cancer Society

To sponsor the Hopewell Relay for Life

### Colonial Heights High School After-Prom Committee

To defray the costs of its annual after-prom celebration to promote drug and alcohol-free activities for high school students.

### Crater Community Hospice

To provide funding for a professional education display board

### Harrowgate Athletic Association

For operating funds to promote physical education.

### Hopewell Public Schools-Parent Resource Center

To assist with expenses associated with the Annual Family Resource Gala held at Hopewell High School.

### Hopewell High School After Prom Committee

To defray the costs of its annual after-prom celebration to promote drug and alcohol-free activities for high school students.

### Hopewell Twinning Association

To defray costs of educational activities for Hopewell students during the spring 2004 visit of British students to Hopewell.

### Petersburg Foundation

To provide scholarships for four persons to attend the Leadership Southside conference.

### Prince George High School PTA

To defray the costs of its annual after-prom celebration to promote drug and alcohol-free activities for high school students.

### Prince George Public Schools

To assist with expenses associated with the Prince George Players' competing in the Southeastern Theatre Conference in Arlington.

### Robert E. Lee Council, Boy Scouts of America

To support scouting programs in the Tri-Cities area.

### Virginia Department of Health

To provide scholarships for twenty persons to attend a conference entitled "Tools for Building Solutions for Virginia's Uninsured" held in Williamsburg.

## Emergency Grants

### Crisis Assistance Response Emergency Shelter (CARES)

To purchase and install a heat pump for the administrative floor of CARES service center.

### Petersburg Urban Ministries

To assist in the repayment of an emergency loan that was utilized to sustain operations until federal grant monies were provided.

### Crater District Area Agency on Aging

To assist senior citizens in need of financial assistance due to damage caused by Hurricane Isabel.

### Hopewell/Prince George Chapter American Red Cross

To provide food for an emergency meal serving kitchen to assist residents of Hopewell and the surrounding area in the aftermath of Hurricane Isabel.

## SCHOLARSHIP APPLICATIONS DUE MARCH 1, 2004



- The Franklin D. Boyce Scholarship
- The Joan Glascock Skaggs Nursing Scholarship
- The Ted P. Blanks Scholarship
- The Shantaram Talegaonkar, M.D. Scholarship
- The John and Wilber Traylor Scholarship
- The Honeywell Scholarship
- The Louis C. Gibbs Scholarship
- The Bobby Owen Memorial Scholarship

# Help Yourself While Helping Others

Like so many of us, you probably have good intentions to support local charities – but you can't help wondering, **CAN I AFFORD IT?**

The John Randolph Foundation is offering you a way to support the Foundation's mission while enhancing your own financial and tax goals at the same time. This type of gift is called a "Charitable Gift Annuity."

A Charitable Gift Annuity is a simple agreement between you and the Foundation. In exchange for your gift, the Foundation promises to pay income to you for the rest of your life (and, perhaps, the lifetime of another beneficiary such as your spouse). These payments can be made quarterly or annually, and the amount of your payments depend on your age at the time of the gift. For example, an individual who is age 75 would receive a rate of 7.1%, while an individual who is age 80 would receive a rate of 8%. In addition, a portion of each payment you receive may be tax-free, the capital gains tax will be avoided or deferred, and you will receive an income tax charitable deduction. At your death (or the death of your beneficiary), the amount remaining from your gift will be added to the scholarship or fund of your choice at the Foundation.



Often, an individual can supplement his or her retirement income by creating a Charitable Gift Annuity. For example, suppose you have stock that has appreciated in value over the years. The stock pays only a small dividend and you've considered selling it, but you don't want to incur the capital gains tax. Instead of selling the stock, you could give it to the Foundation in exchange for guaranteed quarterly payments for the rest of your life. You don't need to worry how the stock performs once you've made the gift. The Foundation promises to pay you a fixed amount each quarter, regardless of how long you live or how well the stock market is performing. As a result, you've increased the amount of your retirement income, received a tax deduction, and gained piece of mind knowing that your payments are guaranteed. You've achieved all this while helping the Foundation improve healthcare and quality of life in your community!

The following table indicates the approximate annuity payment and tax deduction you could expect to receive from a \$10,000 gift of cash or appreciated stock given in September 2003.

Your Age	Annuity Rate	Annual Payment	Income-Tax Deduction
65	6.0%	\$600.00	\$3,110
65, 65*	5.6%	\$560.00	\$2,107
70	6.5%	\$650.00	\$3,594
70, 70*	5.9%	\$590.00	\$2,680
75	7.1%	\$710.00	\$4,155
75, 75*	6.3%	\$630.00	\$3,306
80	8.0%	\$800.00	\$4,696
80, 80*	6.9%	\$690.00	\$3,938
85	9.5%	\$950.00	\$5,099
85, 85*	7.9%	\$790.00	\$4,463

If you would like more information about Charitable Gift Annuities, Lisa Sharpe or Diane Lowder are available at the Foundation to work with you or your advisor. They can assist you in determining whether this type of gift will help you achieve your philanthropic and financial goals.

They can be reached at 458-2239 or by email at [lisasharpe@firstsaga.com](mailto:lisasharpe@firstsaga.com) or [dlowder@firstsaga.com](mailto:dlowder@firstsaga.com). All discussions are, of course, confidential.

\* Your Age (or your age and the age of another, such as your spouse).

# Award

CONTINUED FROM FRONT PAGE

The couple also believes that teachers do not get the recognition and encouragement that they deserve. This is unfortunate, they say, because as the custodians of our future generations, teachers will have an effect on young minds far beyond the classroom. That's why it's important to make sure our teachers keep themselves current in their field. Currently, there are 3,878 children registered in Hopewell's public schools.

In order for a recipient to be awarded the \$1,000 grant, a Hopewell public school teacher must be nominated by his/her school's nominating committee. There are currently 326 teachers in the system, and only one teacher can be nominated from each of Hopewell's six public schools. The nominee should be a dedicated, knowledgeable and skilled educator certified to teach any or all levels and who is planning to continue in an active teaching status. Nominations will be reviewed by a panel of John Randolph Foundation trustees, and an award will be made in the spring.

# Blevins

CONTINUED FROM PAGE TWO

Blevins says, "we have progressed in a remarkable way." Under the leadership of Blevins and the other Board members, the Foundation has given away more than \$6 million toward worthy causes in the Foundation's service area. It has also grown its endowment, developed a scholarship program, bought, renovated and moved into a new facility and increased its staff to facilitate the Foundation's mission.

"As for the future," Blevins added, "I think we have great opportunities for advancing the community in both health and education areas." "As a result," he stated, "the community feels positive about continuing their financial support to help the Foundation touch more lives in the future."

Blevins retired from Allied Signal in 1995. Since then, he has earned his real estate license and has gone to work part time for his wife, Eunice, who owns Blevins Realty in Hopewell. They have four children, Kent, Alan, Lyle and Lucy, and 15 grandchildren.

John Randolph Foundation  
P.O. Box 1606  
112 North Main Street  
Hopewell, Virginia 23860

Non-profit  
Organization  
US Postage  
**PAID**  
Permit #1209  
Richmond, VA